



# BACK TO BASICS

INFO PACK

25 JULY -  
8 AUGUST 2025

Orvelte, The  
Netherlands

# Introduction

Back to Basics is focused on communication and cooperation. How well are you in working together with others? Are you really as social as you think you are? And what about solving a problem together or coming to an agreement? How do I take initiative and go for it? How do I take actions?



# *For who is it?*

If you are between 15 and 21 and if you're searching what to do in life and which choice to make when it comes to study and work; if you want to learn more about working together in an international group and taking initiative, communication & cooperation, then Back to Basics might be something for you!

## FOCUS QUESTIONS

How do my actions lead to desired results? How can I communicate better with others? How do I behave in a group when working with it? To what extent I want to dare expanding my limits?

## FOCUS THEMES

Initiative, cooperation, communication, challenging myself

## IN A NUTSHELL

During the exchange you will be active all the time with all kind of different activities. So it is mainly doing things and then look back on what you did, why you did it and what you got out of it. This will be done in working together with persons from other countries. During several dynamic activities we will explore what your opportunities and possibilities are. During the activities different working methods will be used, like photography, video, simulation game, interviewing and theatre. Furthermore, several outdoor activities will be organised in a way that you can put in practice your communication & cooperation skills.

# *What we will do*



## **Outdoor**



## **Group activities**



## **Theatre**



## **International evenings**

In Back to Basics we will do mainly outdoor activities. Some will last a few hours, some will last half a day, and some will last a few days. In these activities we will focus a lot on taking initiative; finding a solution for a problem; how to work in a group in order to overcome an obstacle; how to use everything around you in order to help you solve your issue; cooperation.

The highlight of the exchange is an **outdoor activity of 3 nights** in which you get several assignments and need to manage yourself with no phone, money or other kind of luxury and where you need to find a sleeping place yourself.

**Be prepared to feel adrenaline, to feel fear, to feel success, to feel failure, but most of all, to have fun!**

## INTERNATIONAL EVENING

During the exchange we ask you to cook a typical, traditional meal from your country for the entire group. This includes a delicious dessert! We invite you to take us to your culture, traditions, habits, customs etc. in your culinary creation as well as entertainment after dinner, think of typical dances, games, a quiz, a karaoke, a theatre play, the sky is the limit! Just as long as you can entertain us for 1 hour in which everyone is involved.

# Practicals

Arrival Day

25 July 2025

Start of the exchange

26 July 2025

End of the exchange

7 August 2025

Departure Day

8 August 2025

After receiving confirmation of participation, you can book your ticket according to these details. Please inform Cherry about your arrival and departure time. Your presence is needed during the entire duration of Back to Basics. It is not possible to arrive earlier or depart later due to no availability in the accommodation. Should you want to stay somewhere else before/after Back to Basics, that is on your own costs. For the plane tickets it is not a problem.

Best is to arrange flights departing **after 10:00 on August 8** due to train availability.

## GREEN TRAVEL

Travelling by train, carpooling or bus (e.g. Flixbus). If you can travel with your group through green means, then you get a higher travel budget as well, and the advantage

is that you can also spend a night somewhere else, like in Germany for instance for a road trip and visit to another place, in which the accommodation is also (partially) covered.

# Location

You will be staying at the group accommodation Veldhoeve ([Veldhoeve website](#))



- There is a **washing machine** at Veldhoeve.
- The buildings are provided with **Wi-Fi** connection.
- Bed linen will be provided, it can be handy to bring your own sleeping bag
- There are plenty of showers and toilets in Veldhoeve accommodation. You do need to **bring your own towels, soap and shampoo.**
- Weather in Netherlands can be crazy. Bring warm and light clothes, but most of all, **bring rain proof, comfortable and old clothes** as well, mostly for the outdoor activities!

During Back to Basics we need to maintain and keep the building clean ourselves, a carousel schema will be made in which everyone is equally involved in cleaning several parts of the building during the entire period.

# Financials

Distance

500-1999km

2.000km+

Reimbursement

309 EUR

395 EUR

Green Travel reimbursement

417 EUR

535 EUR

You can spend this money in a way that suits best for your travel to and from Orvelte, and if you save money, it is yours and you can use it to cover your participation fee.

Make sure you receive the Green info Pack for more information about Green Travel

While costs for food and accommodation are covered, there is a **participation fee of 60,- Euro** per person. That is due to the outdoor activities we are going to organise which require the rent of specific material, cars and services.

The participation fee must be paid **in cash** upon arrival.

# WANT TO JOIN?

Partner countries:

Italy

Portugal

Slovenia

Croatia

Romania

Czech Republic

Lithuania

Finland

France

Netherlands

For further  
questions do  
not hesitate  
contacting us

[contactcherrygroup@gmail.com](mailto:contactcherrygroup@gmail.com)

[www.cherryinternationalfoundation.com](http://www.cherryinternationalfoundation.com)

@cherryinternational

Cherry International Foundation

